

# KINDERGARTEN - 2ND GRADE+

WEEK 1 - MAY 2, 2021



## CONNECTION TIME (PRE LARGE GROUP)

As kids arrive, greet them by name and tell them you're glad they are at church today. While kids filter in, ask the below questions and get to know them!

1. Do you like to exercise? What do you do?
2. What is something you have to practice in order to do well?

## ACTIVITY #1 - TRAINING TIME

**What You Need:** No supplies needed

1. Lead kids in training exercises. Some should be easy and others more difficult.

Training Exercise Ideas:

- Squats
- Jumping Jacks
- Cartwheels
- Push-ups
- Sit-ups
- Running in Place

**Say to the group:** "Was that tough? Some of those exercises take some time and practice in order to do!"

## ACTIVITY #2 - MAY I RUN THE RACE?

**What You Need:** Floor tape, Bible

1. Tape a starting and a finish line on the floor. Instruct kids to line up on the start line.
2. Tell the kids you'll read the verses from today, and when they hear the key words, they can take a hop forward.
3. When you read 1 Corinthians 9:24-25, kids can take ONE jump forward when they hear the key words "race, run, runner, or prize."
4. When you read Matthew 22:36-40, they take TWO jumps forward when they hear the key word "love."
  - Repeat at least three times.
  - If a kid jumps on a word that isn't a key word, they go back to the start line.

**Say to the group:** "Sometimes it was really hard to remember our key words to jump on. You really had to LISTEN and HEAR what I said. I also had to TALK in order for you to move. I can't wait to continue to learn alongside each of you as we **keep practicing what matters most.**"



**POST LARGE GROUP ACTIVITIES  
ARE ON THE BACK OF THIS PAGE!**

## SMALL GROUP TIME (POST LARGE GROUP)

### ACTIVITY #3 - TRAIN THE BODY

What You Need: Bibles, "Train The Body" Activity Pages, Cups

1. Help kids look up and read the memory verse.
2. Split kids into multiple teams, no more than six kids on a team.
3. Place the slips of paper with the words for the verse under a cup on the other side of the room.
4. Guide each team to stand in a single file line across from their cups.
5. When you say, "Go," the first kid in line will run to their team's cups and look under each cup until they find "Training."
6. Once they find "Training," they run back and the next kid runs to a cup to find "The."
7. This continues until all the kids have gone to the cups to find their word and spell out the memory verse. The goal is to be the first team to find all the words and put them in order.
8. When all the teams have finished, say the verse together as a group.
9. If you don't have enough kids to make it a relay race, encourage them to work together as a team until they've completed the memory verse!

Training the  
body  
has  
some  
value.

1 Timothy 4:8, NIRV

**Say to the group:** "Wow! You guys are so fast! Our memory verse this month is all about how God wants us to **keep practicing what matters most**. God wants us to have a relationship with Him, and to do that we have to practice hearing from God, praying to God, talking about God, and living for God."

### ACTIVITY #4 - SWAT THE ANSWERS

What You Need: "Swat These" Activity Page

1. Set out activity pages around your small group space.
2. Explain that you will read a sentence, and they will need to run and touch the correct word or image. Sentences:

"When my Small Group Leader reads the Bible out loud, I am practicing \_\_\_\_\_ing from God." (Hear)

"When I am scared at night in my bedroom, I \_\_\_\_ to God to protect me and help me be brave." (Pray)

"When I have a question about God, I can \_\_\_\_ to my Small Group leader about it." (Talk)

"When I practice Hearing from God, Praying to God, and Talking about God, it helps me \_\_\_\_ for God." (Live)

"Reading a devotional helps me \_\_\_\_\_ from God." (Hear)

"I can \_\_\_\_ to God anytime, anywhere, and about anything." (Pray)

"I can \_\_\_\_\_ to my friends and family about God." (Talk)

"The way we \_\_\_\_\_ our lives can point others to Jesus." (Live)

**Say to the group:** "Running to our answers sure was fun. To Hear from God, Pray to God, Talk about God, and Live for God are all ways we can grow our faith. **Keep practicing what matters most.**"

### ACTIVITY #5 - PRAYER

**Pray with the group:** "God, we ask that You help us **keep practicing what matters most**, even when it's hard. I can't wait to see each of these kids grow in their relationship with You as they continue to practice hearing from You, praying to You, talking about You, and living for You. Help me do all these things every day, as well. Thank You for sending us Your Son, Jesus, and for loving us so much. It's in Jesus' name we pray, amen."

**"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."**

1 TIMOTHY 4:8, NIRV

